Invitation from our diocese

nastoral Council and Finance Committee members from our five parishes **T** are invited to three diocesan meetings this month. The first of these takes place this Monday 10 February at 7.30 pm in the West Cork Hotel.

"Lord, may we be attentive to the promptings of your Holy Spirit...."

— from Our Prayer from the Boat, the diocese's prayer for discernment

THIS WEEK

Mon 10: ST SCHOLASTICA, twin sister of St Benedict, patron of twins, and of convulsive children.

TUES 11: WORLD DAY OF THE SICK introduced by St John Paul II, for believers to offer prayers for those suffering from illness. (Our Lady of Lourdes is honoured today; also St Gobnait.)

WED 12: INTERNATIONAL DAY AGAINST VIOLENT EXTREMISM (UN)

FRI 14: SS CYRIL & METHODIUS, apostles of the Slavic peoples, patrons of Europe; devised the Cyrillic alphabet

FINANCE CORNER (2 FEB.)

Aughadown: € 940

Castlehaven: €855 (Dev. fund €755)

Rath & the Islands: € 695 Skibbereen (Cathedral): €1,505

• Today's second collection supports the Diocesan Pilgrimage to Lourdes.

POINT TO PONDER: "Sometimes God calms the storm, and at other times the sailors." — SEAFARERS' SAYING

CLERGY

- Fr Kevin O'Regan Co-PP (MODERATOR) PHONE: 028 22878
- Fr Terry O'Brien, Co-PP Leap kilmacabeaparish@gmail.com
- Fr Bernard Cotter Co-PP Castlehaven (Union Hall) TEXT/WHATSAPP: 087 901 0627
- Fr Evin O'Brien CC Skibbereen. PHONE 028 22877

USEFUL CONTACT NUMBERS Alcoholics Anonymous in West Cork: 087 611 4946. Pieta Hse Helpline 1800 247 247; or text **HELP** to 51444. St Vincent de Paul. Skibbereen: 087 918 2698 Samaritans: 116 123 free. Women against Violence Helpline 1800 203 136

FAMILY OF PARISHES OFFICE

TO BOOK MASSES, ARRANGE WEDDINGS, BAPTISMS, ANNIVERSARIES, ETC. CONTACT THE FAMILY OF PARISHES' OFFICE, 1 NORTH ST, SKIBBEREEN. Open Mondays, Wednesdays, Thursdays, Fridays: 10 am -1 pm.

• Phone **028-22828** • EMAIL stciaranasFOP@gmail.com •



St Ciarán & All Saints FAMILY OF PARISHES

(for the parishes of Aughadown, Castlehaven & Myross, Kilmacabea, Rath & The Islands, and Skibbereen)

SUNDAY 9 FEB 2025

FIFTH SUNDAY

VOL 3: 22

HAPPY 1700TH BIRTHDAY TO THE CREED!

In 2025 we mark 1,700 years ern (Orthodox) Church often cele-Nicene Creed was agreed.

Constantine, the first Christian em- West, on the same Sunday (20

peror, in the year AD 325. Bishops came to Nicaea, near modern-day Istanbul, settle disagreements about the nature of Jesus and how the Holy Trinity was to be understood.

The Council agreed a declaration of what a Christian believes, which has remained almost unchanged to our present day. Each Sunday, we profess our faith at Mass, usually using the Nicene Creed.

agreed a way of calculating the date of Easter. Today, parts of the East-

since the First Council of brate Easter on a different Sunday Nicaea, where the bulk of the due to 16th century changes. Happily, 2025 is one of those years The Council was called by when Easter is celebrated, East and

> April). That this happens as we mark 1,700 years of the Nicene Creed is a unifying gift to the Church and a sign that Jesus' own prayer 'that they may all be one' is a tangible goal.

> To really profess the Creed, we must love God

and our neighbour. With this in mind, the Orthodox liturgy introduces the Creed: "Let us love one another, that with one mind we may confess Father, Son and Holy Spirit, The Council of Nicaea also one in essence and undivided".

> **Kieran Lettice** Castlehaven Parish



Contact numbers: Parish Office 028 22828. Priest on duty/emergency 086 785 2262.

Submitting items for inclusion in the parish newsletter – Please email Skibbereen Parish Office: skibbereenparish@gmail.com no later than 5pm Tuesday.

Mass Intentions from Saturday 08.02.25

Saturday – 6.30pm Pat Connolly, Deelish.

Eugene and Mary O'Donovan, Market Street.

Sunday - 11am William and Mary O'Regan, Schull and Dominic

Hodnett, Skibbereen.

Jim O'Donovan, Lisheenapingina.

Monday – 9.30am John and Janie Keohane

Tuesday - 9.30am Maurice and Kathleen Murphy

Wednesday - 9.30am People of the Family of Parishes.

Thursday - 9.30am Dan Collins, Lake Marsh

Friday – 9.30am Tadg Crowley

Saturday – 6.30pm Eily and Pat Courtney, Gurteenalomane and

Ian McAuliffe, recently deceased.

John Streeton, Lissalohorig.

Sunday - 11am Eileen Daly, nee Cahalane, Skibbereen and Killarney

Daniel and Margaret Lynch, Licknavar.

Denis Murphy, Ballybane East.

We extend our condolences to the family of Teresa Bowman (née Connolly) Percival Street, Kanturk and The Square, Skibbereen.

We welcome to our faith community Tiernan Ward, Carrigfadda, who was baptised on first February at St Patrick's Cathedral, son of Kieran and Chloe.

Weekday Masses Monday to Friday at 9.30am. The Rosary is prayed before Mass each morning. (The Rosary on Thursday is said for the special intention of vocations to the Diocesan Priesthood).

Adoration of the Blessed Sacrament every Monday & Friday from 10am until 6pm both days. All welcome.

Confessions on Saturday 10am to 11am.

Hospitality Morning, in the Presbytery, on **Wednesday** after the 9.30am Mass. **All welcome.**

Physical Activity Leaders training with Age and Opportunity, Cork Sports Partnership, and the Health Promotion & Improvement Dept, HSE Southwest are teaming up with Age & Opportunity to offer PALs training in west Cork for Spring 2025. Completing this workshop will enable PALs to lead activity sessions with their group PALs typically, go on to lead physical activities with groups or communities of mobile older people, such as Active Retirement Groups, ICAs and other groups. Potential PALs do not need to have any background or formal experience in leading physical activities. They simply need to be independently mobile, active older people. We encourage two or three members of each group to attend the same PALs Workshops so that they can support each other in the leading of activities afterwards. Date: Six Wednesdays fifth March to ninth April. Time: 10am – 3pm. Venue: O'Donovan Rossa GAA Club, Skibbereen, Rossa Road, P81 HF74. Cost: FREE. Enquiries to Tim Burke: tburke@corksports.ie or Claire Hurley: claire.hurley@hse.ie

Skibbereen Flower and Garden Club - garden talk with Peter Dunican on "Trees & Shrubs for Winter & Spring interest" in Abbeystrewry Hall on Wednesday 12 February at 8.15pm. Bring along your queries. All gardeners very welcome. Refreshments will be served.

Anam Cara, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on Tuesday 18 February at 7.30pm in Fernhill House Hotel, Clonakilty. For information phone 01 4045378 or email info@anamcara.ie.

Volunteers needed: Self Help Africa retail charity shop, Market Street, Skibbereen. Your help would be much appreciated. contact Delia 028 20768 or Barbara 028 21060.



Parish Office, Skibbereen - 028/22828 – Mon/Wed/Thurs/Fri – 10am to 1pm. **Priest on Duty/Emergency** – 086/7852262

Mass Intentions

Sunday 9th February – Fifth Sunday in Ordinary Time 9.30am Rath – Kathleen & John Joe O'Driscoll, Ballymacrown Dan Griffin, Cork Road, Skibbereen Teddy Collins, Reengaroga and his wife Maggie Collins 10.00am Cape Clear

Monday 10th February – 10.15am Rath
Wednesday 12th February – 10.15am Rath
Friday 14th February – 10.15am Rath – Flo Devlin
Saturday 15th February

4.45pm Sherkin

Sunday 16th February – Fifth Sunday in Ordinary Time

9.30am Rath – Clare Connolly, Lough Hyne

10.00am Cape Clear

Weekday Masses – Monday, Wednesday and Friday at 10.15am Confessions by appointment.

First Friday Calls – If you know of anyone who is sick or housebound and would like to receive the Sacrament of the Sick or Holy Communion, or would appreciate a visit from a priest, please contact the parish office 028 22828.

Adoration of Blessed Sacrament continues every Monday and Friday from 10am to 6pm both days in St Patrick's Cathedral, Skibbereen. All are welcome.

Skibbereen Flower and Garden Club are holding a garden talk with Peter Dunican on "Trees and Shrubs for Winter and Spring interest" in the Abbeystrewery Hall on **Wednesday 12th February at 8.15pm**. Bring along your queries. All gardeners very welcome. Refreshments served.

Second Collection this weekend 8th and 9th February:

A diocesan pilgrimage to Lourdes is held annually. Parish groups, individuals and anyone with a desire to be part of this faith journey is welcome to participate. An annual collection in the parishes of the diocese is used to assist needy people with travel expenses and subsidises the expenses of required medical, professional help as well as voluntary carers for the sick.

People who need assistance are accommodated in a special hospital on the grounds of the shrine and this is staffed during the pilgrimage by people from Cork & Ross who volunteer to assist the pilgrims.

The helpers and the able-bodied pilgrims stay in the hotels in the town — which are also near the Grotto. People are encouraged to join the Diocesan Pilgrimage as helpers, nurses, and doctors to assist pilgrims in Lourdes.

Contact: lourdes@corkandross.org.

The Diocesan Coordinators of the Pilgrimage to Lourdes are Fr Charlie Kiely, Fr Damian O'Mahony, and Fr Marius O'Reilly. They are appointed by the bishop and work alongside a dedicated team of volunteer lay people.

Anam Cara, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on Tuesday 18th February at 7.30pm in the Fernhill House Hotel, Clonakilty.

This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance.

Clonakilty Bereavement Group

Are you grieving?

Would you like help with your particular loss?

Clonakilty Bereavement Group is a safe and secure place in which you work through your grief.

We are offering you support over a five-week period commencing on **Tuesday February 25**th **at 8pm in Clonakilty.**

For more information please contact. Phone 023 8835654 (Mon-Fri 9.30am - 1pm)

The Missionaries of the Sacred Heart are going to Lourdes from the 25th-30th May 2025 from Cork. For more details, please ring Mary at 021 4546691 or email mary.morrish@mscmissions.ie.